

Provider Tip of the Week

July 20, 2022

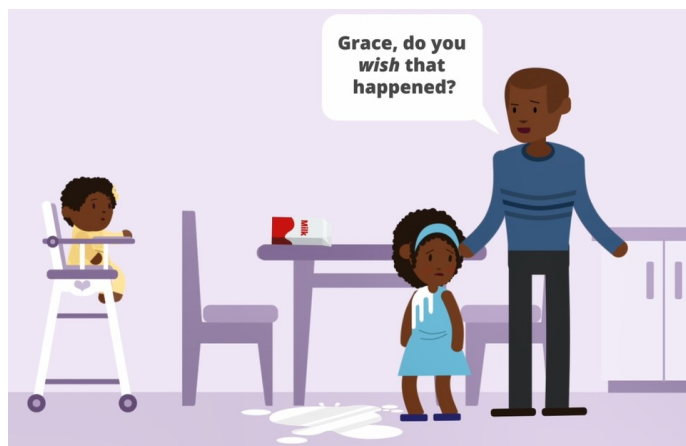
Lying

Lying is a common behavior of 4-5 year olds and may be a concern for caregivers. As a provider, you can reassure parents that lying, while frustrating, demonstrates critical thinking skills and comes from age-appropriate confusion between fantasy and reality.

You can offer the following suggestions to parents to help manage lying:

1. Acknowledge the feeling or wish that motivated the lie.
2. State what you believe happened.
3. Move on to a solution together.

If caregivers are open and have a relaxed reaction, it will make their child feel safe about telling the truth in the future.



Watch this video
for an example