

# Provider Tip of the Week

June 15, 2022

## Talking About Toilet Training

It can be helpful to share some developmental signs of toilet training readiness with families. These include the ability to:

- Follow simple instructions
- Stay dry for at least two hours, or through naps
- Understand body part and potty-related words
- Recognize signs indicating the need to pee or poop
- Communicate the need to use the potty with words or gestures

However, **it's most important that the family is ready.** Toilet training requires lots of time and attention from caregivers, and accidents are messy and exhausting for families. Keep in mind that toilet training is a known time of increased child abuse as both children and families can get frustrated, angry and embarrassed.

