

Provider Tip of the Week

June 15, 2022

Talking About Toilet Training

It can be helpful to share some developmental signs of toilet training readiness with families. These include the ability to:

- Follow simple instructions
- Stay dry for at least two hours, or through naps
- Recognize signs indicating the need to pee or poop

However, **it's most important that the family is ready.** Toilet training requires lots of time and attention from caregivers, and accidents are messy and exhausting for families. Keep in mind that toilet training is a known time of increased child abuse as both children and families can get frustrated, angry and embarrassed.

