

Provider Tip of the Week

June 8, 2022

Redirecting

For younger children, removing the source of their distress and replacing it with something else can be an effective tool in managing behavior. Explain this 3-step process to parents of children around and under age 2:

1. Acknowledge the child's feelings, "I know you want to play with the remote control."
2. Provide a brief explanation, "But it isn't safe for you to put in your mouth."
3. Replace the item with something else, "You can play with this rattle instead."



Watch this video
for an example