

# Provider Tip of the Week

April 27, 2022

## Teeth Brushing

Many children fight teeth brushing. While parents may tell you that their children don't like it, you know it matters to their health. Try suggesting that parents brush alongside their toddlers or take turns letting the child brush their teeth and then brushing their child's teeth. Singing songs can help too, or a toothbrush with a favorite character. A little bit of playfulness can increase cooperation and reduce power struggles.

See this video for an example from the well child visits: [Teeth Brushing](#)



Watch the Video!



Provider Tips powered by the **Keystones of Development** curriculum, login at [parenting.mountsinai.org/providers/](http://parenting.mountsinai.org/providers/) to learn more.