

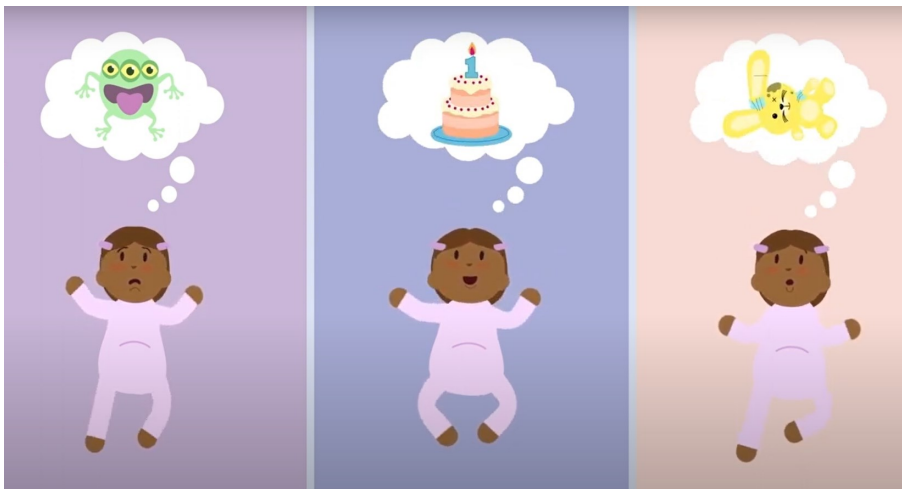
# Provider Tip of the Week

March 23, 2022

## Development of Memory

Caregivers may have noticed their baby's developing memory – like crying when they see the doctor or remembering hand movements to their favorite song or game. In your visits, you can build on this by asking the baby to follow simple directions, like touching their toes, giving a high five, or making an animal sound. When they do it (if they do it), offer praise for the connections they are making! “You remembered that from last time – way to go. Your brain is working so hard to listen and follow.” Noticing how hard they are working to figure out patterns in the world around them – like what usually happens at the doctor's office – will help caregivers to notice and appreciate this hard work too.

See this video for an example from the well child visits: [Development of Memory](#)



Watch the Video!

Provider Tips powered by the **Keystones of Development curriculum**, login at [parenting.mountsinai.org/providers/](https://parenting.mountsinai.org/providers/) to learn more.