

# Provider Tip of the Week

February 9, 2022

## Synchrony

Quick tip to promote **synchrony**: Encourage parents to think about how their baby is feeling, or what their baby is communicating. Then, model for parents how they can match their baby's mood with their voice and response. For example, you can say: "I know you're cold, that isn't fun. I'm right here, and I'm going to get you dressed."

See this video for more information: [Synchrony](#)



Watch the Video!



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