

Provider Tip of the Week

February 16, 2022

Positive Opposites

Quick tip to promote **positive opposites**: When you hear parents commenting on challenging behaviors in the visit, model how they can ask for the behavior they want to see instead. Try things like “please keep your body on the table” instead of “stop moving,” or “please hold this” instead of “stop touching that.”

See this video for an example from the well child visits: [Positive Opposites](#)



Watch the Video!



Provider Tips powered by the **Keystones of Development curriculum**, login at parenting.mountsinai.org/providers/ to learn more.