

# Provider Tip of the Week

January 12, 2022

## Anxiety about Illness and Death



Given the uptick of COVID variants and cases, children may be experiencing even greater anxiety about sickness and death. As a provider, you can help parents give children a clear and age-appropriate explanation of this crisis, and this may stop them from making up their own explanations, which can be scary or inaccurate. Being available and willing to answer specific questions from patients can also help children feel safe and express any lingering worries.

For more COVID-19 resources, [click here](#).

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