

Provider Tip of the Week

September 29, 2021

Promoting Numeracy in the Exam Room



The well-child visit can be a great opportunity to promote **early numeracy**. Early numeracy refers to the foundations of mathematical understanding and can be promoted by discussing different quantities, the relationship between large and small amounts, and number naming. Keep reading for a few suggestions:

Counting & Number Naming - Try asking children questions like, "How many cups of milk do you drink?" or "How many times a day do you brush your teeth?" Remind parents that this everyday math talk can promote their child's academic knowledge.

Making Comparisons - Let parents know that they can promote numeracy by making size comparisons, like less, more, bigger, and smaller. You can model this by asking the child, "Do you drink a lot of juice, a little juice, or no juice?"

Categorizing and Sorting - Talking about categories and sorting can also promote a child's academic knowledge. You can ask, "What vegetables do you eat? Do you like any green vegetables?"



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